



Physical Education Policy

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Review Body	Teaching staff
Approved	To be approved by the Headteacher
Next Review Due	To be reviewed every three years

Old Buckenham Community Primary School

Physical Education (PE) Policy

Aims and objectives

Physical education develops the children's knowledge, skills and understanding, so that they can perform with increasing competence and confidence in a range of physical activities. These include dance, games, gymnastics, swimming and water safety, athletics and outdoor adventure activities.

Physical education promotes an understanding in children of their bodies in action. It involves thinking, selecting and applying skills and promotes positive attitudes towards a healthy lifestyle. Through PE we enable children to make informed choices about physical activity throughout their lives.

The aims of PE are:

- to enable children to develop and explore physical skills with increasing control and co-ordination;
- to encourage children to work and play with others in a range of group situations;
- to develop the way children perform skills and apply rules and conventions for different activities;
- to increase children's ability to use what they have learnt to improve the quality and control of their performance;
- to teach children to recognise and describe how their bodies feel during exercise;
- to develop the children's enjoyment of physical activity through creativity and imagination;
- to develop an understanding in children of how to succeed in a range of physical activities and how to evaluate their own success.

Teaching and learning style

We use a variety of teaching and learning styles in PE lessons. Our aim is to develop the children's knowledge, skills and understanding and we do this through a mixture of whole-class teaching and individual/group activities. Teachers draw attention to good examples of individual and group performance as models for the other children and we encourage the children to evaluate their own work as well as the work of other children. Within lessons we give the children the opportunity both to collaborate and to compete with each other, and they have the opportunity to use a wide range of resources.

In all classes there are children of differing physical ability. Whilst recognising this fact, we provide suitable learning opportunities for all children by matching the challenge of the task to the ability of the child/groups of children.

PE curriculum planning

PE is a foundation subject in the National Curriculum 2014. Our school does not use a published scheme of work as the basis for its curriculum planning but link the areas required into the themes planned for each term/half term and to the circumstances of the school. The subject leader reviews these plans.

As required, we teach dance, games and gymnastics at Key Stage 1.

In Key Stage 2 we teach dance, games, gymnastics and athletics.

We teach swimming to children in Year 3 and Year 6.

Our medium-term plans aim to provide details of each unit of work for each term with links to other subject areas where appropriate. These plans define the planned outcomes. They ensure an appropriate balance and distribution of work across each term.

Teachers use the learning outcomes and teach these making sure progression in learning is achieved. The class teacher can then assess pupils on whether they exceeded or did not meet the progression expected. The PE activities are planned so that they build upon the prior learning of the children. There are opportunities for children of all abilities to develop their skills, knowledge and understanding in each activity area and there is planned progression so that the children are increasingly challenged as they move up through the school.

Links to Old Buckenham High School / School Games co-ordinator

The school has continued to develop the links with the high school which were established when there was a School Sports Partnership. The Head of PE and the School Games Co-ordinator are keen to support schools. They offer use of equipment, they organise events and tournaments for the cluster schools and they will also offer to support teachers in school by coaching sessions. The school is a member of the School Games network and online tool.

The EY Foundation Stage

We encourage the physical development of our children in Early years as an integral part of their work. We relate the physical development of the children to the objectives set out in the Early Learning Goals, which underpin the curriculum planning for children aged three to five years of age. We encourage the children to develop confidence and control of the way they move, and the way they handle tools and equipment. We give all children the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors, using a wide range of resources to support specific skills.

Teaching PE to children with special needs

We teach PE to all children, whatever their ability, as PE forms part of the school curriculum policy to provide a broad and balanced education to all children. Teachers provide learning opportunities that are matched to the needs of children with learning difficulties, and work in PE takes into account the targets set for individual children.

Assessment and recording

Teachers assess children's work in PE by making assessments as they observe them working during lessons. At the end of a unit of work, teachers make a judgement against the learning outcome for each core task. They use this information to inform their planning for the future work of each child. These records also enable the teacher to make an annual assessment of progress for each child against the National Curriculum levels. A NC level is shared with the high school in Year 6.

Resources

There is a wide range of resources to support the teaching of PE across the school. Resources are mainly stored in the outside shed for easy access for outdoor PE. The hall contains a range of small and large equipment and we expect the children to help set up and put away this equipment as part of their work. By so doing, the children learn to handle equipment safely. The children use the school field for games and athletics activities and we travel to Diss swimming pool for swimming lessons.

Health and safety

The general teaching requirement for health and safety applies in this subject. We encourage the children to consider their own safety and the safety of others at all times. We expect them to change for PE into the agreed clothing for each activity area. The school expects teachers to set a good example by wearing appropriate clothing/shoes when teaching PE. The policy of the governing body is that no jewellery is to be worn for any physical activity and all earrings are removed (taping over is not permitted) The wearing of glasses is dependent on advice from individual advice from parents and opticians.

Monitoring and review

The monitoring of the standards of children's work and of the quality of teaching in PE is the responsibility of the PE subject leader. The work of the subject leader also involves supporting colleagues in the teaching of PE, being informed about current developments in the subject, and providing a strategic lead and direction for the subject in the school. The PE subject leader provides the headteacher with an annual action plan (currently a Sports Premium Plan) which evaluates the strengths and weaknesses in the subject and indicates areas for further improvement along with costing for training or equipment.

Extra-curricular activities

The school provides a range of PE-related activities for children at the end of the school day, which are either provided via outside agencies, parents or staff.

These encourage children to further develop their skills in a range of the activity areas. The school sends details of the current club activities to parents at the beginning of each term. Activities include tennis, football, rugby, netball, cricket and dance. These sessions allow the children to put into practice the skills that they have developed in their lessons and they foster a sense of team spirit and co-operation amongst our children.

Links to the other policies –

- Physical Activity Policy
- Health and Safety Policy
- Safeguarding Policy
- Assessment for Learning Policy
- Marking and Feedback Policy
- SEND